

March 2008

March's Issue: **HEALTH**
Millennium Development Goals about health:



Ambassadors™

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 "Keeping your body healthy is an expression of gratitude to the whole cosmos—the trees, the clouds, everthing." -Thich Nhat Hanh	4	5	6	7	8 International Women's Day (UN) Appreciation: Do something special for a woman in your life. Make dinner for your mom, make a card for your sister, anything to let them know you care.
9 Daylight Savings Time (set clocks forward one hour at 2am)	10	11 MDG Day The AIDS epidemic is a global problem. Start a red ribbon campaign around your community to create awareness.	12	13	14	15
16	17 St. Patrick's Day	18	19	20 First Day of Spring Purim begins at sunset (Jewish)	21 International Day for the Elimination of Racial Discrimination (UN) Good Friday (Christian) Lantern Festival (China) Purim ends at nightfall (Jewish)	22 World Water Day (UN) Water Awareness: Make a list of ways you can conserve water at home. Take shorter showers, turn off the tap while brushing your teeth, etc.
23 Easter Sunday (Christian)	24 Easter Monday (Christian) (CND)	25	26 Fact: Less than 10 percent of pregnant women in developing countries testing positive for HIV are receiving services to prevent transmission to their child.	27	28	29
30	31					