

# March 2008

March's Issue: **HEALTH**  
**Millennium Development Goals** about health:



Ambassadors™

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 "Keeping your body healthy is an expression of gratitude to the whole cosmos—the trees, the clouds, everything." -Thich Nhat Hanh	4	5	6	7	8 International Women's Day (UN)  Appreciation: Do something special for a woman in your life. Make dinner for your mom, make a card for your sister, anything to let them know you care.
9 Daylight Savings Time (set clocks forward one hour at 2am)	10	11 <b>MDG Day</b> The AIDS epidemic is a global problem. Have your students create awareness-raising posters to put up around school.	12	13	14	15
16	17 St. Patrick's Day	18	19	20 First Day of Spring  Purim begins at sunset (Jewish)	21 International Day for the Elimination of Racial Discrimination (UN)  Good Friday (Christian) Lantern Festival (China) Purim ends at nightfall (Jewish)	22 World Water Day (UN)  Water Awareness: Make a list of ways you can conserve water at home and encourage your students to do the same.
23 Easter Sunday (Christian)	24 Easter Monday (Christian) (CND)	25	26 Fact: 11 children under the age of 15 die of an AIDS-related illness every 15 minutes.	27	28	29
30	31					